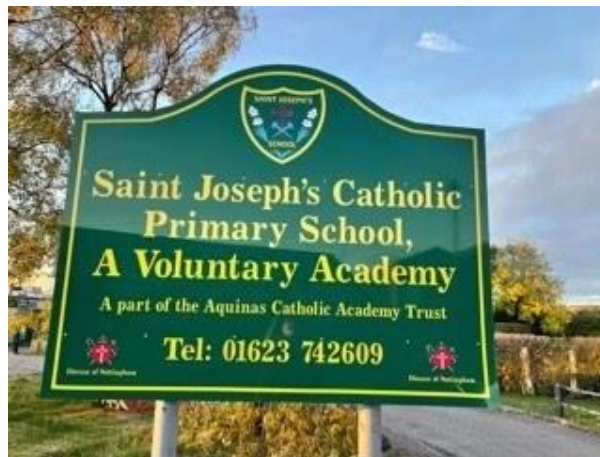


Friday 4th September 2026

St. Joseph's Catholic Primary and Nursery School

Trusting in God; Creating Tomorrow; Helping Today

NEWSLETTER



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Welcome Back!

It has been great to see the children all arrive safely back to school this week. I hope that you have all had a lovely summer break and have managed to enjoy some of the beautiful weather that we have had.

The children have been thinking about what makes St Joseph's special this week and how we can all follow the, 'St Joseph's Way'.

We are very excited to see what amazing things this year brings and look forward to continuing to work with all of our families.

I will update Facebook with upcoming dates for next week on Sunday.

Have a lovely weekend,

Mrs Seaman

Lunch Boxes, Healthy Snacks and Try it Tuesday



At St Joseph's, we understand that the food we eat is fuel for our bodies and that a balanced diet helps us to play, grow and learn. All children are welcome to bring in a healthy snack to eat at breaktime. A free healthy snack will be provided for children in nursery- year 2 but if they wish, they are welcome to bring their own. Children should not bring crisps or chocolate bars in for their snack as we are encouraging them to select healthier options. This also applies to packed lunches. Our kitchen do provide healthy, balanced meals with a wide selection for children to select from each day. All children in reception- year 2 receive free school meals. However, children are welcome to bring in a packed lunch if they prefer.

Please note that chocolate bars and sweets should not be packed in lunches. The NHS has

some great ideas for exciting packed lunches on their website Lunchbox ideas and recipes – Healthier Families - NHS¹

All snacks and lunchboxes should be nut free and healthy options. Please ensure that grapes are cut in line with NHS guidance.

We understand that some children are resistant to try some fruits and vegetables. Therefore, starting next week, we will have 'Try it Tuesday'. This will be an opportunity, each week, for the children across school to look at, explore and try different fruits and vegetables. If you do not wish your child to take part in this, please speak to their class teacher.

This weekend in Mass

Matthew 18:15-20

If your brother listens to you, you have won back your brother

This weekend there will be a children's liturgy at the 5pm Mass. All children are welcome to attend.

If you would like to know more about the Catholic faith or are interested in becoming a Catholic – there is a course starting in September. For more details, please contact Sr Susan – susanpbvm@yahoo.co.uk² ; 07751196124

Head Pupils



¹<https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/>

²<mailto:susanpbvm@yahoo.co.uk>



We are delighted to introduce our new Head Pupils for this year; Aitana, Jess, Musa, Erin and Roman.

We are confident that they will do great things for St Joseph's. Other children in Key Stage Two have been thinking about which Pupil Voice Groups they would like to represent this year to support the Head Pupils.

Article of the week- this is an opportunity for the children to look at different articles from the United Nations Convention on the Rights of the Child (UNCRC). Our Head Pupils will be looking at how they can introduce this across school this term.

Uniform

It has been great to see our children arriving back to school looking so smart in their uniform. At St Joseph's we are incredibly proud of our uniform and how this allows children to take pride in our school and how they present themselves. Thank you to all parents who have supported us with this and allow us to implement this policy.

The full school uniform policy can be found on our school website. [Uniform-Policy-2026.pdf](#)³

A reminder about the school uniform:

Nursery School Uniform

- A white polo shirt
- Dark green knitted jumper or cardigan
- Dark green blazer (optional)
- Black school shoes (flat heeled and sensible)

³<https://www.stjosephscatholicprimaryvoluntaryacademy.co.uk/wp-content/uploads/sites/20/2026/07/Uniform-Policy-2026.pdf>

Boys should wear charcoal grey shorts or charcoal grey, straight leg, formal trousers with plain dark socks

Girls should wear a dark green skirt or pinafore dress with bottle green tights, white socks or green knee length socks OR charcoal grey, straight leg, formal trousers with plain dark socks

Girls' School Uniform

- Formal buttoned white blouse
- Green and gold tie (available to purchase in school)
- Dark green knitted jumper or cardigan
- Dark green skirt or pinafore dress OR charcoal grey, straight leg, formal trousers
- Dark green blazer (optional)
- **Summer uniform- Green gingham dress for summer (not shorts or playsuit style) during the summer uniform period (Beginning after Easter and ending at October half term)**
- Black school shoes (flat heeled and sensible)
- White or green socks (plain dark socks with trouser option)
- Bottle green tights for winter

Boys' School Uniform

- Formal buttoned white shirt
- Green and gold tie (available to purchase in school)
- Dark green knitted jumper
- Grey shorts or charcoal grey, straight leg, formal trousers
- Dark green blazer (optional)
- **Summer uniform- boys may wear a white polo shirt and no tie during the summer uniform period (Beginning of Pentecost Term One- beginning of Advent Term Two)**
- Black school shoes
- Plain dark socks

PE Kits

- Emerald Green shorts
- White polo shirt (plain or St Joseph's branded)
- Plimsolls for indoor sports
- Trainers for outdoor sports
- Unbranded, black jogging bottoms with a black unbranded jumper (or St Joseph's) for outdoor sports

All items of clothing – including shoes, bags and coats – should be clearly marked with the child's name.

Jewellery

On health and safety grounds we do not allow children to wear jewellery in our school.

The exceptions to this rule are:

- Small earring studs in pierced ears
- Small objects of religious significance, such as a crucifix on a chain or Sikh Kara. We ask the children to remove these objects during PE, games and swimming for health and safety reasons. The school advises parents who wish their children to have their ears pierced to do this at the beginning of the school holidays. Medical identification bracelets may be worn by children who have significant medical problems eg. Diabetes or epilepsy.

Haircuts

The school does not permit children to have 'extreme' haircuts that could serve as a distraction to other children. Hairstyles and haircuts which are deemed too extreme such as tramlines, stars, shaved heads (No shorter than a number 2), extreme patterns 'V' styles, Mohican cuts, or dyed, tipped or dipped hair are also forbidden. All pupils with hair longer than their collar should also tie it back at all times for safety reasons.

If any parents require any support sourcing uniform, they are encouraged to contact the school office who have some items for sale, some free second hand uniform and can advise on uniform suppliers.

Consents in Arbor

Could we please ask you to check you have no outstanding **CONSENTS** in the **NOTICES** section of Arbor for your children. We have added a new consent titled - **Artificial Intelligence (AI)**

This would also be a good time to check all your details are correct, in particular any emergency contacts you have provided. If you are unable to amend or add any details to Arbor please email the school office with your information and we will amend it on your behalf.

Upcoming Dates

Please see this year's key dates attached to the newsletter.

Upcoming dates to highlight:

Friday 11th September- Rosh Hashana- children across school will be learning more about Judaism

Friday 11th September- Flu Vaccinations in school- parents should have received an email from the NHS to consent to this

Tuesday 15th September- year 6 visit to Sudbury Hall

Thursday 17th September- Season of Creation Day of Prayer- children should come dressed in earth colours or as their favourite thing about God's creation

Friday 18th September- Year 6 Reading Cafe in the school hall at 8:50am- **parents are welcome**

As always, we will continue to update you on the week ahead each Sunday afternoon on Facebook.

Friends of St Joseph

We are very grateful for all of the work that our PTA, Friends of St Joseph do to support our school.

They are looking for new members to help them. If you think you could help, even if you are only able to give a little time, please contact Mrs Fearn in the office.

PE days and Forest Schools this term

All children will have a class newsletter which indicates when their PE day in school is this term. These days will also be shared each week on Facebook.

Please ensure that children come to school dressed in PE kits on the days that they have PE.

PE Kits

- Emerald Green shorts
- White polo shirt (plain or St Joseph's branded)
- Plimsolls for indoor sports
- Trainers for outdoor sports
- Unbranded, black jogging bottoms with a black unbranded jumper (or St Joseph's) for outdoor sports

Reception - Friday

Year One- Wednesday

Year Three- Thursday

Year Four- Wednesday

Year Six- Monday

Years two and five have Forest Schools this term and should therefore come dressed in Forest School clothing as detailed in the letter sent home to these classes.

Year Two - Wednesday

Year Five- Friday

New Breakfast Club



We are delighted to announce that we have successfully launched our new breakfast club provision in school.

Nursery: 7:45- 8:30 breakfast club- **£2.50**

Reception- year 6: 7:30- 8:00 paid breakfast club - **£1.50**

Reception- year 6: 8:00- 8:30 **free breakfast club provision**

Last entry to all breakfast clubs will be 8:15am and spaces must be booked on Arbor by 1pm on the day before the required club. Please note that as there will be no member of staff on the door at this time, all children must be escorted to breakfast club and signed in. **Children should not walk themselves onto school site for the breakfast club.** The new breakfast clubs will include lots of exciting activities and will include a wide range of healthy hot and cold food options.

Attendance

We are incredibly proud of the curriculum and personal development opportunities that we provide at St Joseph's. In order for your child to benefit from this, it is essential that they attend school as much as possible. We understand that there will be occasions that children cannot attend school. However, we appreciate parental support in ensuring that children are in school as much as possible.

This week, all children received a letter which shared their attendance last year. Throughout the year, we will continue to share your child's attendance and offer support with this. If any parents would like to discuss their child's attendance, please contact the school office.

Attending school every day = 100% attendance

Attending 4½ days a week = 90% attendance = **4 weeks missed per year**

Attending 4 days a week = 80% attendance = **more than half a term missed per year.**

Attending 3½ days each week = 70% attendance = **more than a quarter of the school year missed.**

An average attendance of 80% or less across a child's school career adds up to **missing a whole 2 years from school.**

In September 2013 the Education (Pupil Registration) (England) (Amendment) Regulations 2013 came into force. These regulations make it clear that Headteachers should not grant approval for any leave of absence during term-time, including holidays, unless there are exceptional circumstances.

If your child is absent from school during term time for the purpose of a family holiday or any other unauthorised absence you may be issued with a Penalty Notice.

Children's Achievements





Well done to Dolly in year 4 who donated her hair to the Little Princess Trust Charity who free real-hair wigs to children and young people facing hair loss from cancer or other conditions. Great work Dolly and we think your new hairstyle really suits you.

Well done to Sara in year 3 who completed a reading challenge this summer!

We love celebrating your child's out of school achievements! Please make sure you share these with school so that we can publish them in our newsletter.

SMILERS



We are very proud to be a SMILERS school. SMILERS is a whole school approach to wellbeing.

This week, our Mental Health Ambassadors will be working hard over the coming weeks to introduce this to the children across school.

School Facebook Page



A reminder that we have launched our school Facebook page. We have been adding updates of children's work and news for parents onto the page regularly. Please follow us at 'St Joseph's Shirebrook' to keep up to date with our latest class news and school events.