

# St Joseph's Catholic Primary School

# Safeguarding Newsletter

# **April** 2023

The Safeguarding team. If you have any concerns about a child's welfare or safety, please speak to a member of the schools safeguarding team









Miss Queenan

Miss Jennings

Mrs Seaman

Mrs Cawsey

#### Dear Parents,

In school we are teaching the children how to keep themselves and others safe. Using stories and age appropriate language, we explain to the children that their body belongs to them and that they must take care of it. In line with the teaching of the Catholic church, the children are aware of how they are created in God's image and that their body is a special gift from God. We think about how a healthy lifestyle and keeping clean helps us to care for our bodies and how we wear swimsuits to cover the parts of our body that our private to us.

We also begin to explore the concept of consent. We do this in an age appropriate way thinking about how we can consent to play a game, have their photograph taken or consent to give someone a hug. Our spotlight on feature in today's newsletter focuses on how you can support your pupil to understand about consent.

As ever, if you would like to discuss anything further, please do get in touch.

Mrs Seaman

Headteacher

# Spotlight on: Consent



Consent means giving someone a choice about touch or actions and respecting their answer. With children, we often use the language "asking for permission."

At this age, we want to lay the foundation for setting boundaries, making decisions, asking for permission, and responding appropriately when someone says no to them.

Besides consent, children need to learn that they can set boundaries and limits on when and how their bodies are touched and by whom. This can be a hug, a tickle or holding hands.

Conversations around consent should be ongoing. Here's how you can incorporate consent into everyday conversations with your child.

## Ways to ask your child for consent:

- "Do you want a hug goodbye today? We could also wave or high five."
- "Can I sit beside you while we read this book?"
- "Can I tell your teacher about your news?"

#### Ways to model consent:

- "Do you need a break from tickling, or are tickles still okay with you?"
- "It's OK if you don't want a goodnight hug."
- "Can I help you put your jacket on?"

## Ways to teach your child to ask for consent with other children:

- "Do you want to play with the red or the blue car?"
- "Do you want to hold hands when we walk to lunch?"
- "Can I sit next to you on the bus?"

#### This months online safety



## Steps to take to help your child stay safe online

Have an ongoing conversation: Continue to talk about the apps, games and sites they like to use, and what they like and don't like and any concerns about being online. Discuss with them when to unfollow, block or report.

For help starting this conversation, follow the link:

https://saferinternet.org.uk/blog/having-an-open-and-honestconversation-about-online-safety-5-questions-for-parents

Make sure they know where to go for support: Remind your child they can always speak to you or an adult they trust if anything happens online that makes them feel worried or upset. Remind them that they won't be in trouble at that you are there to help.

## <u>Useful</u> online safety websites for parents

National Online Safety - safety guides on ALL aspects of internet use

https:// nationalonlinesafety.com/

Internet Matters - wide range of online safety advice for parents to keep their children safe online.

https://www.internetmatters.org/

# What Parents & Carers Need to Know about **OUTUBE KID**

environment that's suitable for young children. This app is easily accessible and available for mobile devices, which can be downloaded without needing the YouTube app on the device. Despite YouTube Kids seeming like a very child-friendly platform, it has raised concerns over its advertising and inappropriate content seeping through the curation process.

Download the YouTube Kids app and connect your own YouTube channel.

Input your child's name, age and birth month. USCA'S

SETTING

Select the types of videos you want to include for your child based on their age and your own personal choice.

If you decide to approve the content yourself, the app will present you with sample videos for you to accept and reject.

Once you've made your choice, you're ready to use the app!

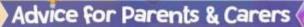


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## REMOVE ADVERTISEMENTS

Like YouTube, adverts on YouTube Kide and a quite pervasive. If you decide you don't wan child being seposed to adverts, you can sub-to YouTube Premium which will remove adve-that this doesn't block adverts that coment creators decide to make as part of their com-and children are still oble to access channel from branded fast food or toy companies.

#### RESTRICT VIEWING TIME

#### BE WARY OF UNSUITABLE CONTENT

YouTube Kids has a far lower chance of showing unsuitable material than YouTube, but There are still reports of malicious users deliberately uploading inappropriate content. It's important that your child feels to be to talk to content in the your child feels to be to talk to content in the your child resist and the content in the suure. It's also safet to report inappropriate videos to go the three dats in the corner of the video and select "Report".

#### MONITOR WATCH HISTORY

#### DISABLE SEARCH OPTION

## WATCH TOGETHER

## Meet Our Expert









www.nationalonlinesafety.com

