



1. **IGNORE what is being said or done to you.**
2. **TALK NICE to show you are not a threat always saying kind words.**
3. **TALK FIRM and make it clear you do not like what they are saying or doing.**
4. **WALK AWAY to stop it escalating and go to a safe place with other children.**
5. **TELL A TEACHER about the situation and how it’s made you feel.**